

- **DIPLOMA IN INDIAN HEAD MASSAGE**

Duration: 1 Day

Course Requirements: None

- Curriculum:

- Indian head massage, its principles and benefits
- History of Indian head massage together with the philosophy of holistic healing
- Understand the effects and benefits of Indian head massage
- Understand and explain the different oils to be used and their effects and benefits
- Contraindications & Common ailments
- Understanding Hair growth, recognise the different hair types and different hair conditions
- Scalp, Neck & Shoulder conditions
- Consultation
- Massage movements and modifications
- Practical tuition on performing Indian head massage
- Contra-actions – understanding possible side effects to Indian head massage
- Aftercare

Price:

£150 per student(Incl. VAT) includes 1 starter kit worth £20

Indian head massage kit:

2x Base oils

2x Hand towels



For more information and bookings: email. info@accreditedbeautycourses.co.uk or call 07500 784 587