DIPLOMA IN AROMATHERAPY MASSAGE

Duration: 2 Days

Course Requirements: None

Curriculum:

- Aromatherapy massage, its principles and benefits
- The properties and effects of 12 of the most popular essential oils
- Methods of extraction, storage and blending and the use of carrier oils
- History of aromatherapy and massage together with the philosophy of holistic healing
- Introduction to botany, plant cell function and photosynthesis
- Massage movements and modifications
- Massage mediums
- Practical tuition on performing body massage
- Properties of common essential oils and their benefits in body massage
- Selection and blending of essential oils
- Application and uses of various home-care methods

Price:

£350 per student(Incl. VAT) includes 1 starter kit worth £70

Aroma Kit:

2x Base oils

Kit includes 1 x 10ml size of the 12 best selling oils following:

Bergamot

Clary Sage

Eucalyptus

Geranium

Lavender

Lemon

Lemongrass

Marjoram

Patchouli

Rosemary

Tea Tree

Ylang Ylang

